

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Primary Autumn 2018

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausage and Mash	Chicken Stir Fry	Roast Beef with Roast Potatoes and Gravy	Chicken with Rice and Curry Sauce (separate)	Fishfingers with Chips
	Vegetarian	Vegetable Risotto	Vegetable Wraps with Rice	Quorn Roast with Roast Potatoes and Gravy	Vegetable Noodles with Sweet & Sour (separate)	Macaroni Cheese with Garlic Slice
	Dessert	Baked Tomatoes Peas Wholemeal Apple Crumble & Custard Yoghurt Fresh Fruit Platter	Peppers Green Beans Chocolate Cocoa Cookie Yoghurt Fresh Fruit Salad	Carrot and Swede Mash Carrot and Courgette Cake & Custard Yoghurt Fresh Fruit Platter	Sweet corn Broccoli Apple & Raisin Strudel with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Yoghurt and Fruit Station
Week 2	Main	Mini Beef Burgers in a bun with wedges	Chicken Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Breaded Fish with Chips
	Vegetarian	Vegetable Lasagne with jacket wedges	Quorn Mince Bolognese with Spaghetti	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Potato and Chickpea Curry with Rice	Cheese & Tomato Quiche with Chips
	Dessert	Coleslaw Sweet corn Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Peas Carrots Pineapple Loaf Yoghurt Fresh Fruit Chunks	Broccoli Cauliflower Chocolate & Banana Oaty Square Yoghurt Fresh Fruit Salad	Roasted Mixed Vegetables Oaty Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Yoghurt and Fruit Station
Week 3	Main	Chicken and Red Pepper Pizza	Cottage Pie with Gravy	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Battered Fish with Chips
	Vegetarian	Cheese and Tomato Pizza	Savoury Quorn Cottage Pie	Cheese and Potato Pie with and Gravy	Red Pepper Frittata with New Potatoes	Baked Beans Turnover with Chips
	Dessert	Sweet corn Mixed Peppers Mandarin Upside Down Cake Yoghurt Fresh Fruit Platter	Green Beans Glazed carrots Rice Pudding with Mixed Berries Yoghurt Fresh Fruit Salad	Savoy Cabbage Sweetcorn Cheese, Apple and Biscuits Yoghurt Fresh Fruit Chunks	Broccoli Tomato Salad Chocolate Sponge with Chocolate Drizzle Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Yoghurt and Fruit Station



Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection